



Take Steps to Live Well with Parkinson's

Cardio Fusion for Parkinson's
Mondays, 11:30 a.m. – 12:30 p.m.

The Bain 50+ Center
5470 Ruth Keeton Way
Columbia, MD 21044

**To learn more or register, please visit www.parkinsonfoundation.org
or call (703) 734-1017**

This program is provided at no cost but annual registration with PFNCA is required. There is an annual administrative fee, which can be waived for financial hardship.



PARKINSON FOUNDATION
OF THE NATIONAL CAPITAL AREA

