



PARKINSON FOUNDATION
OF THE NATIONAL CAPITAL AREA
A COMMUNITY OF EDUCATION AND SUPPORT

Support Group Listings

Maryland

Anne Arundel County Group

4th Tuesday Monthly at 12 Noon
Elks Lodge in Severna Park
160 Truck House Road
Severna Park, MD 21146
Contact: Brenda Mislán (410) 729-3461

Baltimore County Group

2nd Tuesday Monthly, 2-4 PM
Johns Hopkins at Greenspring Station Pavilion II (Go through Café)
10753 Falls Road
Lutherville, MD 21093
Contact: Becky Dunlop, RN (410) 955-8795

Baltimore County/Charlestown Group

1st Thursday Monthly at 10 AM
Charlestown Retirement Community
715 Maiden Choice Lane
Cantonsville, MD 21228
Contact: Nicole Brandt (410) 706-1491

Baltimore/Lutherville Caregivers Group

1st Thursday Monthly at 10 AM
Johns Hopkins at Greenspring Station
10753 Falls Road
Lutherville, MD 21093
Contact: Becky Dunlop, RN (410) 955-8795

Baltimore County/Oakcrest Group

3rd Thursday Monthly at 1:30 PM
Oakcrest Retirement Community
Frederick House
8830 Walther Blvd.
Baltimore, MD 21234
Contact: Jodi Stevens (410) 882-3262 ext. 3218

Baltimore Young Onset Group & Deep Brain Stimulation Group

2nd or 3rd Saturday every other month at 10 AM
Johns Hopkins Outpatient Center
601 North Caroline Street
Suite 2140
Baltimore MD 21205
Contacts: Sandy Pollack (410) 315-9953; John Kellerman (410) 494-0398; Bill Innanen (410) 997-2195

Bethesda Carepartner Support Group

Every other Thursday from 10:30 AM to 11:30 AM
St. Mark's Presbyterian Church
10701 Old Georgetown Road
Rockville, MD 20852
Contact: Gail Edwards (301) 949-1239

Bowie PD Support Group

4th Monday Monthly at 10 AM
12629 Heming Lane
Bowie MD 20716
Contact: Carter Rardon (301) 412-0835

Carroll County Group

4th Tuesday Monthly, 2-4 PM
Westminster Senior Center Classroom
125 Stoner Avenue
Westminster, MD 21157
Contact: Marsha McMullin (410) 848-2244

Chevy Chase Brighton Gardens Group

2nd Thursday Monthly at 1 PM
5555 Friendship Boulevard
Chevy Chase, MD 20815
Contact: Terri Adams (301) 656-1900

Chevy Chase Carepartners Group

Mondays at 11 AM

Speak to Leon if interested in joining

Chevy Chase Presbyterian Church

1 Chevy Chase Circle

Washington, DC 20015

Contact: Leon Paparella (202) 966-4450

Dundalk Group

3rd Monday Monthly, 6:30-8 PM

Ateaze Senior Center

7401 Holabird Avenue

Dundalk, MD 21222

Contact: Becky Dunlop, RN (410) 955-8795

Easton Group

2nd Tuesday Monthly at 1:30 PM

Talbot Hospice House

586 Cynwood Drive

Easton, MD 21601

Contact: Ann Fischer (410) 820-2927 or Becky Dunlop, RN (410) 955-8795

Fredrick Group

3rd Wednesday Monthly at 1 PM

Mt. Pleasant Ruritan Church

8101 Crum Road

Walkersville, MD 21793

Contact: John Kraft (301) 845-6514

Hagerstown Group

1st Thursday Monthly at 1:30 PM

Homewood at Williamsport

16505 Virginia Avenue

Williamsport, MD 21795

Contact: Peg & Don Barron (301) 766-0938

Harford/Bel Air Group

1st Thursday Monthly at 2 PM

William McFaul Activities Center

525 West Mcphail Road

Bel Air, MD 21014

Contact: Becky Dunlop, RN (410) 955-8795

Howard County/Columbia Group

3rd Monday Monthly at 7 PM
Parkinson's and Movement Disorders Center of Maryland
8180 Lark Brown Road
Elkridge, MD 21075
Contact: Becky Dunlop, RN (410) 955-8795

Howard County Group

4th Tuesday Monthly at 1:30 PM
Vantage House
5400 Vantage Point Road
Columbia MD 21044
Contact: David Johnson (410) 992-1120

Howard County Carepartner Group

2nd Tuesday Monthly at 10 AM
Vantage House
5400 Vantage Point Road
Columbia MD 21044
Contact: Lynada Johnson (410) 992-1120

Kensington Carepartner Support Group

1st Friday Monthly at 10 AM
St. Paul's Methodist Church
10401 Armory Road
Kensington, MD 20895
Contact: Ann Joseloff (301) 946-5468

LaPlata Civista Group

4th Saturday Monthly at 2 PM
Civista Medical Center Cafeteria
701 East Charles Street
LaPlata MD 20646
Contact: 1-888-332-4847

LeisureWorld Silver Spring Group

2nd Tuesday Monthly at 3 PM
LeisureWorld Clubhouse 2
3300 North Leisure World Blvd.
Silver Spring, MD 20906
Contact: Babs Koch (301) 598-7840

Rockville PD Support Group

2nd Monday Monthly at 2 PM
National Lutheran Home and Village
9701 Veirs Drive
Rockville, MD 20850
Contact: Dale Snyder (301) 424-9560 ext. 207

Silver Spring/Riderwood Support Group

1st Thursday Monthly at 9:30 AM
3128 Gracefield Road
Silver Spring, MD 20904
Contact: Beverly Gershon (301) 572-1633

Sumner Support Group

2nd and 4th Tuesdays Monthly
Contact for Location and Information
Contact: Dan Lewis danlewis44@hotmail.com

Virginia

Alexandria

1st Wednesday Monthly at 2 PM
Hollin Hall Senior Center
1500 Shenandoah Road
Alexandria VA 22308
Contact: Barbara Rosenfeld (703) 836-0485

Arlington Cherrydale Carepartner's Group

Tuesdays at 11 AM
Speak to Leon if interested in joining
Cherrydale Baptist Church
3910 Lorcom Lane
Arlington, VA 22207
Contact: Leon Paparella (202) 966-4450

Arlington Cherrydale Parkinson's Group

Tuesdays at 10 AM
Speak to Leon if interested in joining
Cherrydale Baptist Church
3910 Lorcom Lane
Arlington, VA 22207
Contact: Leon Paparella (202) 966-4450

Cascades Support Group

Last Tuesday Monthly at 6 PM
The Senior Center at Cascades
21060 Whitfield Place
Sterling VA 20165
Contact: Mary Lou Sheehan (703) 724-9338

Fairfax City PD Support Group

2nd Monday Monthly at 7 PM
Green Acres Community Center
Room 110

4401 Sideburn Road
Fairfax, VA 22030
Contact: Karl Robb (703) 277-9666

Fair Oaks Group

4th Saturday Monthly at 10 AM
3750 Joseph Siewick Drive
Fairfax, VA 22033
Contact: Donna Seder at dbseeder2@verizon.com or Bill Robbins (703) 830-3823

Falcons Landing Support Group

1st Friday Monthly at 2 PM
Council Room
Falcons Landing
20522 Falcons Landing Circle
Potomac Falls VA 20165
Contact: Michele Zimmer-Forster (703) 404-5116

Loudoun County PD Support Group

1st Tuesday Monthly at 1 PM
Ashburn Public Library
43316 Hay Rd
Ashburn, VA 20147
Contact: Gary Heinberg (703) 404-5563

Manassas Support Group

3rd Saturday Monthly at 10 AM
Contact for Location
Contact: Rob Sherwood (540) 987-8596 or metta69@earthlink.net

Springfield PD and Carepartner Group

2nd Monday Monthly at 12:15 PM
Prince of Peace Lutheran Church
8304 Old Keene Mill Road
Springfield, VA 22152
Contact: Reverend Richard Hinz (540) 373-5378

St. Elizabeth Ann Seton PD Group

3rd Tuesday Monthly at 2 PM
St. Elizabeth Ann Seton Catholic Church
Music Room
12805 Valleywood Drive
Woodbridge VA 22192
Contact: Becky Richardson (703) 910-6899

Westminster at Lake Ridge Group

4th Wednesday Monthly at 2 PM
Westminster at Lake Ridge Retirement Community

12191 Clipper Drive
Lake Ridge, VA 22191
Contact: Jean Livingston (703) 494-0117

Washington, D.C.

Georgetown Group

3rd Monday Monthly at 2 PM
Georgetown University Medical Center
Lombardi Cancer Center
Martin Marietta Room
3800 Reservoir Road, NW
Washington, DC 20007
Contact: Leon Paparella (202) 966-4450

IONA Parkinson Group

Fridays at 11 AM
Speak to Leon if interested in joining
IONA Senior Services
4125 Albemarle Street, NW
Washington, DC 20016
Contact: Leon Paparella (202) 966-4450

Sibley Group

2nd Thursday Monthly at 3 PM
Grand Oaks Assisted Living – Club Room
5901 MacArthur Blvd. NW
Washington DC 20016
Contact: Betty Mizel and/or Dorothy Sampas (202) 363-4723